



Phoenix Centre

Autumn Term Overview



Children in the Phoenix Centre follow personalised learning pathways. Pupils may access learning from different parts of the primary curriculum depending on their individual starting points, needs and next steps. Alongside academic learning, we explicitly teach communication, independence, emotional regulation, social understanding and life skills. Children also access learning within their mainstream classes where this is appropriate for them.

Communicating, Reading and Writing	Mathematics	The World around Us	PE and Sensory Development
This term, children will focus on developing different ways to communicate and ask for what they need. Depending on each child's individual needs, this may be through symbols, actions, words or sentences. We will continue to develop phonics, reading and comprehension at each child's individual stage, alongside building vocabulary and confidence in communication. Children will also have opportunities to write for a range of purposes, including stories, reports and instructions.	This term, children will build on their understanding of number through counting and place value. They will develop their skills in addition, subtraction, multiplication and division at their individual stage of learning. Practical and pictorial resources will be used to support understanding, problem-solving and applying mathematical skills to real-life situations.	This term, children will develop their knowledge of the world through a range of topics and experiences. They may investigate living things, habitats and rocks, exploring how these can be grouped and classified according to their similarities and differences. Children will learn about people, places and events from the past, developing their understanding of chronology and how we use evidence to find out what happened. They will also explore our local environment and the wider world, identify key features and develop an understanding that people may have different beliefs, views and experiences.	This term, children will develop their physical skills, coordination and confidence through a range of activities. Each day will begin with a sensory circuit, alongside opportunities such as messy play and movement breaks, helping children to recognise how their bodies feel and discover strategies that support them to remain calm and ready to learn. Within more formal lessons, children will take part in team games, developing their ability to work with others, communicate and contribute towards a shared goal.
Emotional Regulation and Wellbeing	Communication and Social Understanding	Independence and Life Skills	Creativity
This term, children will use the Zones of Regulation to develop their understanding of emotions and how these can feel in their bodies. Through regular check-ins, stories, visuals and supported discussions, children will practise identifying and naming different emotions, recognising what may have caused them and noticing the early signs that they are becoming dysregulated. They will explore a range of calming and regulation strategies and, with adult support, begin to identify which approaches help them to feel safe, settled and ready to learn.	This term, children will develop their skills in communicating with others, taking turns and building positive friendships. Through whole-class talk activities, team-building opportunities and turn-taking games, children will practise listening to others, sharing their own ideas and responding appropriately in conversations. They will also learn how to work together, solve small problems and recognise the skills that help friendships to grow, with adult support where needed.	This term, children will develop their independence and confidence in everyday routines. They will be supported to make choices, organise their belongings, follow familiar routines and complete simple tasks with increasing independence. Children will also practise practical life skills such as preparing resources, looking after shared spaces, asking for help when needed and taking responsibility for themselves and their environment.	This term, children will be exploring creativity through photography. This is a skill many of our children may continue to use as they grow, helping them to capture and treasure important moments through a photographic lens. Children will also take part in practical creative activities where they will follow instructions to make and create, developing their ability to sequence steps, make choices and solve simple problems. They will be encouraged to use shared resources safely and respectfully, taking turns, looking after equipment and working alongside others.
Integration into the Wider School		Things to Talk about at Home	
This term, children will be supported to access the wider school community at a level that is appropriate for them. This may begin with visuals, social stories and familiarisation visits, before progressing to short, supported activities, lessons, breaktimes or events.		What number, word or fact did you practise today? What did you do to help your body feel calm?	Which Zone were you in today, and what helped you? What did you enjoy learning about today?